

## C9 Increasing Access Final Report

<b>C9</b>	Access and Learning – Increasing Access
<b>Lead</b>	Various; overall Alex Sijpesteijn
<b>Original budget</b>	£38,000
<b>Actual Budget</b>	£33,000
<b>Actual Spend</b>	£33,000
<b>Match funding</b>	Through Groundwork NE's project - £4797
<b>Timeframe</b>	November 2011 – December 2015 – actual October 2013 – September 2016
<b>Partners</b>	Groundwork NE & C – Healthy Parks, Healthy Minds Word Doctor- Lifetime Memories project Blindlife Durham TODYS – Outdoor sessions, farming and forest schools YMCA – Intergen project
<b>Outline</b>	This programme will complement the Partnership's strategy on access with practical support. It will encourage groups to work with people who may not ordinarily have access to the landscape or the countryside, who live just beyond the Partnership area or are disadvantaged by background or disability. It will offer a small bursary scheme to facilitate travel to the area to participate in activities, become volunteers on projects and perhaps exchange with other young people living in Teesdale. In some cases it may be used to support access to training and skills development. The project will aim to improve access for the less mobile and promote accessible route ways whilst also encouraging healthy living and wellbeing through trails and guided walks. It will also complement parallel initiatives to work towards a Walkers are Welcome designation, initially for Barnard Castle but hopefully extended to other parishes in due course.
<b>LCAP Aims</b>	Demonstration that the landscape and countryside can be made accessible, that everyone has a right to enjoy them, and that efforts to improve facilities for wider audiences will be supported. Integration of different audiences and participants across programmes and projects. 50 volunteers needing special consideration able to participate in activities throughout the Partnership

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	4 workshops on improving access and practical implementation through projects
<b>Outputs</b>	<p>See main reports for more details</p> <p>Groundwork NE &amp; C – Healthy Parks, Healthy Minds: 20 people with mental health difficulties engaged</p> <p>Word Doctor- Lifetime Memories project: 20 King’s Court residents and Forest in Teesdale primary school engaged through the project</p> <p>Blindlife Durham – one film at the Bowes Museum designed to help museums be more accessible to people with partial sight; a museum visit, handling session and talk; a nature walk from Thorp Farm</p> <p>TODYS – Outdoor sessions, farming and forest schools; 10 youngsters, supported by volunteers</p> <p>YMCA – Intergen project: 15 young volunteers and 40 residents</p> <p>2 office volunteers worked weekly within the HoT team carrying out publicity and marketing tasks</p>
<b>Additional achievements</b>	See separate reports
<b>Lessons Learnt</b>	<p>Quality over quantity – it’s better to have quality experiences focused on the individual’s needs rather than mass volunteer projects</p> <p>Projects need to be over longer time periods – Healthy Minds’ participants were beginning to improve their mental wellbeing when the project finished</p> <p>Not to underestimate participants and volunteers</p>
<b>Legacy</b>	<p>People who may not have otherwise had the opportunity have been able to get out and explore the area, landscape and nature</p> <p>Relationships built for possible future work – YMCA and Carehome; Forest and Kings Court</p>

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	<p>Office volunteers have grown noticeably in stature and confidence</p> <p>Downloadable resource from Lifetime Memories</p>	
<b>Comments</b>	<p>YMCA - Working with the old people is really fun, I like helping them and helping them to try new crafts which they have not done before.</p> <p>I loved this project, I have made friends with the elderly. I enjoyed felting the sceneries as the old people had never done anything like that before.</p> <p>Healthy Parks - "I like to go to the Hub, I enjoy helping out and working with all the people there, it makes me feel a part of the team. I don't get out of the house very often but I really enjoy it when I do, that's why I like this project, it gets me out the house and gives me the chance to meet new people. I like meeting new people".</p> <p>"HPHM provides me with a place to get away from other things going on in my life; it takes my mind off things happening in my life and gives me time to think about something that I enjoy doing. My brother James also gets a break when I am out with the project, this is important as it can sometimes be overwhelming for him.</p>	
<b>Photos</b> <b>Healthy</b> <b>Minds</b>		

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TODYS



Lifetime  
Memories

