

YMCA Teesdale

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Final Report

1. Name of Project

Enriching Rural Communities - Intergenerational work

2. Funding allocated from Heart of Teesdale

£1506.38

3. Have you provided additional funding for this project? If yes, please give details and evidence.

Not Applicable

4. Short introduction to the project

This project was the second year that the Intergenerational project was run. The project at Charles Dicken Lodge and Manor House. The project run fortnightly and worked with the residents in both homes. The project engaged with young people from Barnard Castle and Cockfield (Cockfield is in the top 10% of deprived wards in the UK. Within these areas there were very few opportunities for young people to interact with older members of the community and vice versa.

The Intergen project was based around craft projects within this we used recycled materials and did project based around Teesdale including Bird houses, Bird feeders, and landscapes of the areas.

5. Aims and objectives of the project and how they have been met

We aimed to work with 15 young people throughout the project and engage with 40 residents. Both of these aims were met. The following young people volunteered on the project. We have run 15 sessions throughout the year which has allowed us to engage and support the

people we are working with. At each session we had a minimum of 3 young people and between 3 and 12 residents.

	Name	Hours Volunteered
1	Martin Arkley (14)	4
2	Jake Wood (12)	4
3	Robert Woodcock (15)	2
4	Courtney Sowerby (16)	3
5	Stella Kindleyside (14)	3
6	Cameron Darke (15)	3
7	Aidan Mitchell (11)	3
8	Elle Callihan (17)	3
9	Kerian West (14)	9
10	Louis Robson (14)	6
11	Aimee Irvine (15)	2
12	Abigale Kent (16)	2
13	Jess Mccrindle (17)	2
14	Josh Barker (18)	7
15	Ben Darke (17)	1

Additional achievements and legacy – community involvement/benefits

This project has allowed Teesdale YMCA to build upon our relationships with the local community. It has been amazing to watch relationships develop between young people and the elderly a lot of pre misconceptions about both generations have been challenged and both groups have commented about how similar they are to each other. We want to continue to build upon these

relationships and plan to continue to run an Intergenerational project at Manor house now that funding has finished. While we are unable to do this fortnightly we are going to organise project days in the school holidays.

6. Lessons learnt

Unfortunately the sessions that were put on at Charles Dickens Lodge were cancelled by the care home after a few sessions as there was only a very small number of residents wanting to take part in the project and their where issue around behaviour. However due to how popular the sessions were at Manor house we did these sessions fortnightly. Doing this we were able to work engage with more residents. The young people that volunteered on the project were also able to create long term relationships with those people that were attending the sessions.

Please include photos of the completed project as well as of people working on the project (please indicate if the Heart of Teesdale is allowed to use these in their publicity e.g. website, newsletter, social media).

If possible, please include quotes from participants and staff.

Quotes from people involved in project

Heart of Teesdale can use this in their publicity.

Working with the old people is really fun, I like helping them and helping them to try new crafts which they have not done before. (Kieran West)

"I loved this project, I have made friends with the elderly. I enjoyed felting the sceneries as the old people had never done anything like that before." Aimee Irvine

"It's really cool and I feel like I am helping them" (Louis Robson)

"It has been wonderful to watch our young people's confidence develop and give them opportunities to lead through teaching the residents the activities. Both

young people and the residents have both learnt from each other and I have thoroughly enjoyed been part of this project" Rebecca Pearson, Youth Worker

'The volunteers have fantastic charisma with the residents, it's been lovely to watch them laughing together and the realisation that their not so different.'

Carla Bolton, Youth worker

