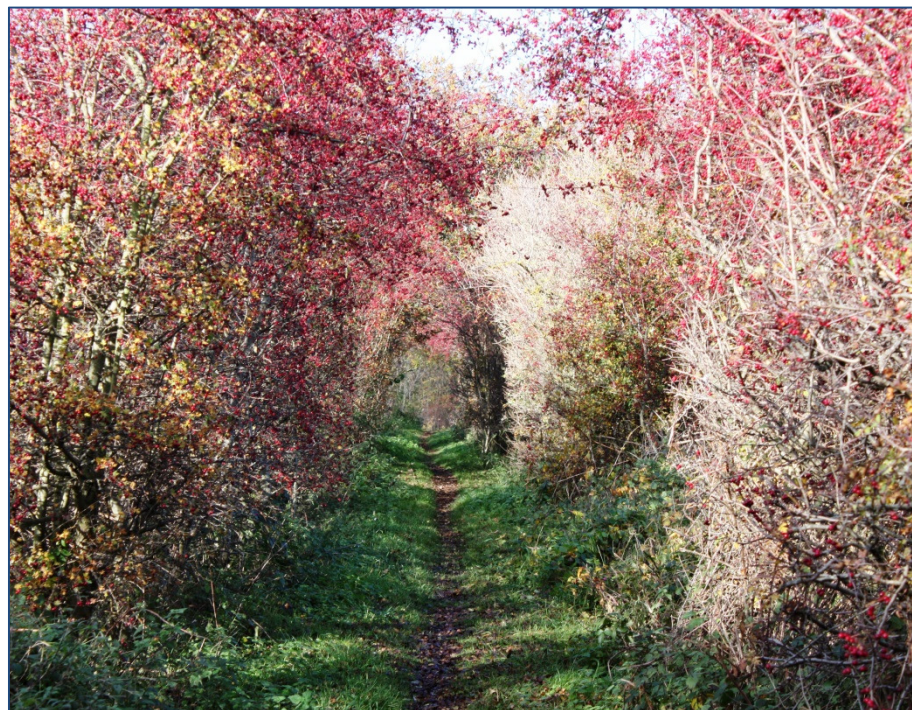


Please wear appropriate footwear and clothing. These walks may be wet, muddy and cold. You may also wish to bring refreshments, especially a drink. Dogs are welcome, but must be kept on the lead or under close control at all times.

If you wish to attend a walk please ensure that you book a place. Contact Susie Lane on 03000 264903 or susanne.lane@durham.gov.uk



TRAILS THROUGH TEESDALE GUIDED WALKS



These guided walks are FREE and will take place the second Sunday of every month.

Starting at 12.30pm at the designated start point.

Date: 8 th February	Distance: 3.5miles	Start Location: Bowes Car Park
Bowes East Circular A leisurely walk along lanes and across fields in the valley of the River Greta. The walk provides views of Bowes Castle and the Teesdale landscape including the Stang Forest and Mickle Fell.		
Date: 8 th March	Distance: 4 miles	Start Location: Scar Top, BC
Cotherstone to Barnard Castle A lovely walk that rises high above the River Tees, running through fields and woods. Crossing over many becks along the way, the walk passes a disused quarry and the abutments of the old Teesdale railway viaduct. Finally the walk crosses back over the Tees to Barnard Castle. Transport from BC to Cotherstone provided.		
Date: 12 th April	Distance: 5 miles	Start Location: Scar Top, BC
Barnard Castle and Lartington Circular Starting by heading through the woods of Deepdale Nature Reserve, the walk takes to the open fields of Lartington Estate, with its grand Hall. The walk returns via the pine woods that take you down to the beck that leads you back to BC.		
Date: 10 th May	Distance: 4 miles	Start Location: Egglestone Abbey
Egglestone Abbey and Boldron Circular Starting at Egglestone Abbey, this walk heads through woods along Thorsgill beck, over to the village of Boldron and then loops back round via fields and woods to Egglestone Abbey. Great views over Teesdale to be had.		

Date: 14 th June	Distance: 7 miles	Start Location: Fox and Hounds, Cotherstone
Cotherstone West Circular This circular walk starts by heading up the lovely valley of Baldersdale, then after walking along quiet country roads the walk heads back via Cotherstone Moor.		
Date: 12 th July	Distance: 7.5 miles	Start Location: Bowes Car Park
Bowes West Circular This walk takes in the spectacular moors above the village and after crossing the River Greta at the geological feature, God's Bridge, it returns via the fields and lanes along the south banks of the Greta.		
Date: 9 th August	Distance: 1.5miles	Start Location: Scar Top, BC
The Gruffalo comes to Flatts Wood Family friendly walk following the story of the Gruffalo. There will be activities along the way to keep everyone entertained.		
Date: 13 th September	Distance: 6 miles	Start Location: Eggleston
Eggleston and Romalchkirk Circular An attractive walk along the Tees and Eggleston Burn, taking in sections of the Teesdale Way and the Tees Railway Path. There will also be an opportunity to stop at the café at Eggleston Hall Gardens for a scone and a cuppa (not included).		
Date: 11 th October	Distance: 4.5 miles	Start Location: Fox and Hounds, Cotherstone
Cotherstone East Circular A leisurely walk taking in lovely views of the river. It starts by passing the site of a 12 th century castle and then heads along the Teesdale Way by the river. The walk then cuts back to Cotherstone via the Tees Railway Path.		
Date: 8 th November	Distance: 4.5 miles	Start Location: Hutton Magna
Hutton Magna Circular A circular walk exploring the gentle landscape around Hutton Magna with splendid views towards the Yorkshire Dales. The walk passes through farms and fields towards Caldwell before turning back to Hutton Magna on bridleways and quiet roads.		